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**NEWS** (Release Immediately)

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**A Playful New Look at Table Manners**

Belle Isle Books, an imprint of Brandylane Publishers, Inc. of Richmond, Virginia, is pleased to announce the release of a new children's book, *Because You Are Polite at the Dining Table*. In this entertaining and informative title, author and etiquette instructor Ginger Johnston Philbrick takes readers on a lighthearted journey around the table, reminding children of the dos and don'ts of dining. *Polite* keeps young readers engaged even after the story ends by providing a page for children to list other table manners they know. Philbrick's book combines practical information with fun illustrations to help children learn how to be polite at their own pace.

Philbrick guides readers through an entire meal, including:

- What to do at the beginning of mealtime, from waiting to take one's seat, to saying grace
- How to handle one's napkin – good advice for kids and adults!
- How to engage in simple and fun conversations

- Tips for keeping elbows off of the table – a mealtime staple
- Advice on the daunting task of explaining what to do when kids are served food they think they won't like—and what to do when they want more

Parents can be confident in knowing their children will walk away from the book with a wealth of new knowledge for the next big meal.

Ginger Johnston Philbrick owns *Because You Are Polite*, a business focused on teaching manners in social, academic, and professional scenarios. She has authored multiple books in the *Because You Are Polite* series and has been an etiquette instructor since 1993. She teaches that manners should be approached with reason, sincerity, and a generous dose of humor. Readers can expect to learn strong social skills while having a bit of fun.

Brandylane Publishers, Inc. is an independent press located in Richmond, Virginia that has published fiction, non-fiction, and poetry since 1985.

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*Because You Are Polite at the Dining Table* (Hardcover, 24 pages, \$13.95 retail) is available from fine booksellers, online at Amazon and [belleislebooks.com](http://belleislebooks.com), by calling 804.644.3090, or by writing 5 South First Street, Richmond, VA 23219. Requests for review copies should be made to the publisher.