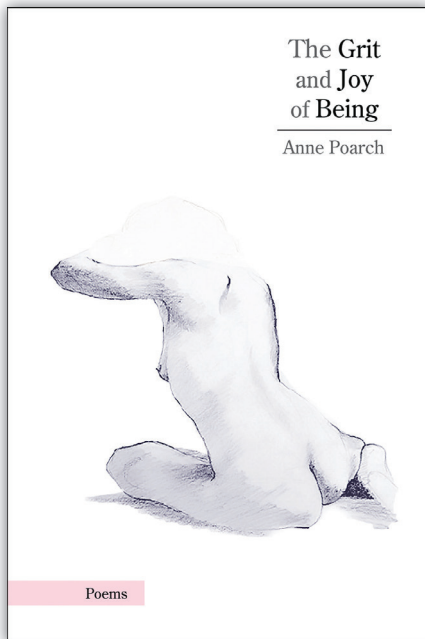


A NEW TITLE FROM

BELLE ISLE BOOKS

www.belleislebooks.com



The Grit and Joy of Being

Anne Poarch

There is grit and joy in life.

You can eat a peach,

taste the soft silky sweetness of the fruit,

and still catch a flake of pit in your mouth.

I'll take the unwelcome to get at the heart.

Come and visit the orchard with me;

We'll shake the trees and give out bushels of joy.

("Grit & Joy" by Anne Poarch)

"Within the interplay of nature and sensuality is where Anne's poetry soars. This collection, while steeped in the Southern tradition, is also about soulful transcendence."

—Tembi Locke, actor, advocate, and author of *From Scratch*



About the Author

Anne Poarch gathers inspiration for her poems from touchpoints in nature that represent the ephemeral connections of life and beauty. Through her bicycle touring business and her poetry, Anne empowers people to connect with the land and their communities in graceful, new ways. Her first book, *Flight: of butterflies and robins and other winged dreams*, was published in 2017.

To Order

Order direct from amazon.com, bn.com, from the publisher at www.belleislebooks.com, or from your favorite bookseller.

Genre: Poetry		Distributed by Ingram and Belle Isle Books	
Format	Hard Cover	Paperback	Ebook
ISBN	978-1-947860-94-0	N/A	978-1-947860-95-7
Price	\$22.95	N/A	\$4.99

Publicity Contact: brandylanepr@gmail.com 804.644.3090

Belle Isle Books, an imprint of Brandylane Publishers, Inc.

5 South First Street, Richmond, VA 23219