

MYRIAD OF A SOUL SYDNEY GALLAGHER

Myriad of a Soul is an insightful look at the mind of poet Sydney Gallagher during 2020 and 2021. Thought-provoking, meditative, as well as lighthearted, the poems tell the story of a teen who is struggling to understand herself and her place in a rapidly changing society and world. Written from the perspective of a young woman who understands the value of a self-examined life, this collection will surely inspire other teens to explore their own identity.



About the Author

Sydney Gallagher is a high school student in Telluride, Colorado. She is the fourth of five children, values family above all else, and is a lazy perfectionist when it comes to her schoolwork. When she was eight years old, she lost her sister Cameron due to sudden cardiac arrest at the 2014 Shamrock Half Marathon. She advocates for teen mental health through her family's foundation, the Cameron K. Gallagher Foundation. Sydney has a morbid obsession with true crime, fantasy novels, and romance novels, all of which keep her awake well past midnight.

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