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J. MATTHEW HELMS



The Song of Circe and Other Simple Musings

J. Matthew Helms

Twilit dreamscapes unfold across J. Matthew Helms' debut collection of poetry, revealing new worlds beyond the veils of myth. From the shores of Valhalla to the great halls of Mount Olympus, these unique poems guide the reader through the mists of time and legend like a lantern, casting tales of the old gods in a new light. Interwoven with themes of earthly nature and celestial warfare, *The Song of Circe* reflects the joy and sorrow—the pain and healing—the love and disdain that define the human soul, beckoning us to explore within ourselves the darkest corners of our oldest legends.

About the Author



Born and raised in Richmond, VA, **J. Matthew Helms** is a husband, a father of two sons, and the project manager of a custom construction company. He has also been a writer of poetry for as long as he can recall. He believes in the stories that can be told, the imagery that can be conveyed, and how each one is inherently tailored to the mind's eye of the reader. While poetry has been a part of his self-expression for many years, it became a lifeline just over five years ago when he made the choice to become sober. His poetry often reflects the wide range of emotions that come from battling addiction. Many others are inspired by his best friend and companion, his wife of nearly twenty years. When not writing, working, or spending time with his family, he can often be found wandering Richmond with a camera in his hand. His photography has been featured in a number of local shows and galleries.

To Order

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Genre: Poetry		Distributed by Ingram and Belle Isle Books	
Printed Book Size: 5.5 x 8.5"		Printed Page Count: 156	
Format	Paperback	Ebook	
ISBN	978-1-953021-67-0	978-1-953021-68-7	
Price	\$14.95	\$4.99	

Publicity Contact: pr@brandylanepublishers.com 804.644.3090

Belle Isle Books, an imprint of Brandylane Publishers, Inc.

5 South First Street, Richmond, VA 23219