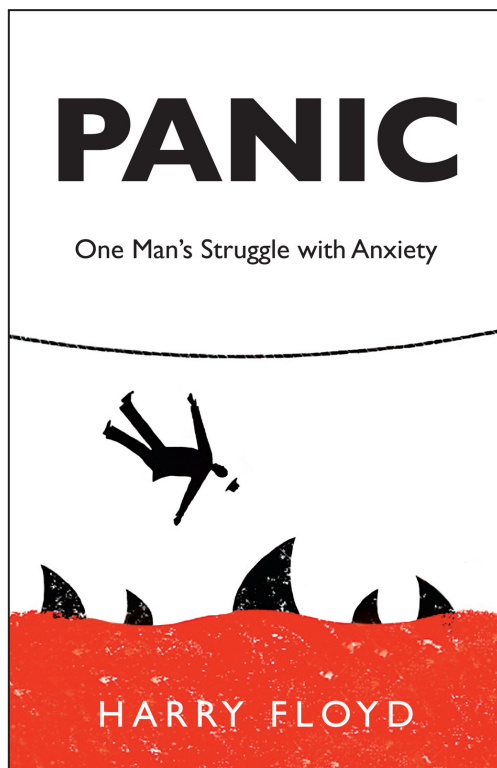


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# PANIC

One Man's Struggle with Anxiety

By Harry Floyd

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## About the Author

Harry Floyd received both his B.A. and M.P.A. from Virginia Commonwealth University, where he studied religion, psychology and public administration. Harry continues his work to help others confront their anxiety, and to promote open, healthy discussion about anxiety and panic disorder. He lives and writes in Richmond, Virginia.

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