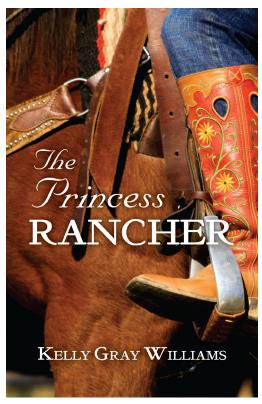
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By Kelly Gray Williams

Kelly Williams wasn't born into ranching. Before she ever learned to ride a horse, her life was one of globe-trotting and high comfort as a national food distributor. But when her marriage fell apart, it set her off on a new path that would lead to open spaces, tangles of barbed wire, and the sweat, dust, and tears of cattle ranching.

Through it all, the thing that remained constant was Kelly's love for food, and her memoir serves as an ode to the ages-old tradition of the men and women who toil from sun-up to sun-down to put beef on our dinner tables. It's a story of risk, reward, and reinvention that captures a disappearing, American way of life.



About the Author

Kelly G. Williams has had the unique opportunity to experience firsthand the journey that transformed a small Virginia company into one of the largest food distributors in America. Food has been at the core of her life for over thirty years. Her travels have taken her all over the world and created a rich tapestry of food experiences and cultures that have shaped her philosophies on cooking and food production. She currently raises Angus beef cattle with her husband in Lexington, Virginia. Visit her at www.princessrancher.com

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