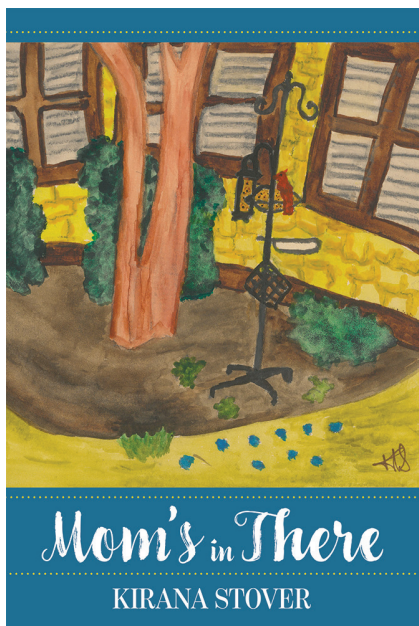




Mom's in There

KIRANA STOVER

WHEN THE AUTHOR learns of her mother's terminal diagnosis, she returns to the city where she was born. Mother and daughter find, re-find, and lose each other in an intimate, poetic portrayal of the end of a life. Paintings by both women provide dimension and respite as we travel with them on a journey we all know about and yet know nothing about.

Mom's in There is a nudge to perception. It invites the reader to participate in the creative energy that being present can awaken. For anyone caring for someone who is dying or still grieving the loss of a loved one, this book is a reminder to be here, now.

About the Author



Kirana, Née Karen grew up in Richmond, Virginia. Her elementary education was at Richmond Montessori, and she graduated from Open High School. She loved writing and at age thirteen won "best book" prize for a contest at the Henrico Public Library for her illustrated book "Nike" about a ten-year-old girl who meets two-inch extra-terrestrials (Nikens) that give birth to their androgynous young by blowing bubbles and lack immunity to chicken pox.

At Antioch College, she designed her own major, "World Philosophy," combining her studies of philosophy and anthropology in a senior thesis about how dreams can be used to solve conflict. After graduating, she wandered for four years in Europe, and lived on the Balearic Islands of Ibiza and Mallorca. She returned to Richmond in 1991 to become a responsible adult and be near her family. While there, she worked at an early childhood daycare center. Deciding against graduate school, she was certified as a yoga teacher. In 1993, she returned to Spain and has lived since then in Catalunya, near Barcelona. She shares a home in her "peaceful village" with her partner and young adult son and has been the director of her own yoga center since 2001.

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